



Noble News

NOBLE NEWS

WHAT'S IN THIS MONTH'S ISSUE:

MONTH OF CHANGE

Why do leaves change colors? Did you know that fall's vivid colors are actually hidden underneath summer's green? The main reason for the color change is not autumn's chilly weather, but light—or rather, the lack of it. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.



- Oct 3 - Picture Day
- Oct 4 - Corn Maze
- Oct 4 - Terry Fox Run
- Oct 8 - Breakfast Program begins
- Oct 10 - Academic Awards
- Oct 10-12 - Blades Bash Sr High Volleyball Home Tournament
- Oct 14 - Thanksgiving - NO School
- Oct 15-18 - Experiential Week
- Oct 24 - Parent Teacher Interviews
- Oct 25 - PD Day - No School
- Oct 31 - NCS Costume Parade
- OCT - Growing Smiles Winter Fundraiser

CONGRATULATIONS

To our Junior and Senior High students who have won an academic award.
Great job!





UPCOMING EVENTS

Sr High Volleyball Blades Bash Oct 10-12

Please see the Noble Central Athletics Calendar to keep up to date on practice, games and tournaments

GO BLADES!



THURSDAY
OCTOBER 10
@ 12:30 PM

ACADEMIC AWARDS
JR / SR HIGH

CELEBRATING THE ACADEMIC ACHIEVEMENTS MADE BY OUR STUDENTS

Picture Day

Thurs Oct 3

**Sport Council
Hockey Pool**

\$5/team
Enter as many teams
as you like
Deadline for entry is
Oct 7



celebrating **50** years

Office phone: 403-345-6009
 Phone/text/WhatsApp: 403-915-3145
 Email: clclcoffice@gmail.com
 Visit: 2014 - 18 Street, Coaldale (located in the library)



We have classes starting in
October!

Contact us if you are an adult (18+) living in Lethbridge County and would you like to improve your:

- reading and writing
- basic math
- basic computers or
- need to prepare for the Driver's Class 7 knowledge exam

INTERMEDIATE FIRST AID LEVEL C AND AED CERTIFICATE

instructed by St. John Ambulance

Dates: Saturday, October 19 and Saturday, October 26, 2024
Time: 9:00 am - 6:00 pm
Location: Coaldale Public Library, 2014 - 18 Street, Coaldale, AB
Fee: \$ 180



FOR MORE VISIT: [Noble Central Website](#)



UPCOMING EVENTS

NCS Music Department Winter Fundraiser

Opens September 23
Closes November 19
Pick Up December 4

Growing Smiles

Winter Fundraiser 2024

6.5" Premium Poinsettia
A Holiday favorite! Brighten up any room this winter with a vibrant poinsettia. Available in red and white, the poinsettia is perfect for your home, hotels, restaurants and banks over the holidays.

Indoor Tropical Planter
Add a festive look to your table with a mixed tropical planter. There are four different plant varieties planted in these rectangular holiday-themed pots. **Planter container designs do vary and cannot be requested.**

Holiday Wreath
A Holiday Wreath is a classic door upgrade. Fresh noble, cedar and juniper decorated with a large plaid bow, frosted pine cones and red berries are sure to give you and your guests a homey warm feeling from the outside.

Approximate Poinsettia Sizes:
6.5" pot
14 to 16" tall and 13 to 16" wide

Outdoor Greenery Arrangement
Welcome your guests in from the cold with this large, beautiful and fresh holiday greenery arrangement. Pines, berries and a large red bow complete the festive look. Standing at 2 feet tall this statement piece is sure to inspire the joyful spirit!

Hanging Greenery Rough
Greenery that is versatile! A fun, vintage burlap bag holds premium greens and red fir berry branches. Complete the look on holiday picks like a bow and a pinecone. Lean it up against stairs, benches or your home and hang from your door.

Approximate Greenery Arrangement Size
12" Diameter pot
2 feet tall and 13 to 16" wide

All items may not be exactly as shown. We have a variety of plants/greenery mixes, containers and holiday features.

September Wellness Focus

Wellness Focus for September was all about gratitude, positive mindsets and mindfulness.

These tips don't just have to be used for September, they can be used all year round.

30 Days of *Gratitude*

Take a moment and create an attitude for gratitude!
List out your answers or complete mindful, kind acts to appreciate what you're grateful for and help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Name 3 things you are grateful for.	What smell are you grateful for?	Think of 2 things you enjoy most about school.	Tell your best friend what your favorite thing about them is.	Name a song that makes you happy... <i>Now listen to it!</i>	Give someone a compliment.	Do an act of kindness for someone.
Name one thing that makes you smile...	Think of a way someone has helped you.	Make someone laugh.	Do a chore without being asked.	Name something beautiful you saw today.	Offer to help a family member or friend.	Share your favorite joy.
Give someone a hug.	Write a handwritten note to someone.	Do something you love.	Take a dance break.	Enjoy a screen free day.	Call someone and let them know you miss them.	Hide a happy note for someone to find.
Tell someone all the reasons you like them.	Share your favorite book with someone.	Smile at a stranger.	Congratulate someone on something cool they did.	Draw someone a picture.	Forgive someone.	Sing with all your heart.
Think about something you're good at.	Look in the mirror and congratulate yourself for completing 30 days of gratitude!	Write down three things you noticed or learned after 30 Days of Gratitude...				



FOR MORE VISIT: [Noble Central Website](#)



UPCOMING EVENTS



Turkey Bingo

Looking to volunteer? Noble Central School's Annual Turkey Bingo Fundraiser is currently looking for parent volunteers. Please Contact Nicole Pearse (403) 894-6968 email: ncsturkeybingo@gmail.com or the school for more information!

BREAKFAST Program

The serving window will be OPEN - Monday to Friday from 8:15 am to 8:40 am.

GOOD

MORNING

Breakfast is free, and available to ALL NCS students who feel they may need a little "extra" to kick-start their day. Options change everyday, but typically include a selection of fresh fruit, yogurt, cheese, crackers, fresh baked muffins, etc.

Casino Volunteers Needed

If you are able to help work a casino shift November 6th and/or 7th, please contact Brenda MacMillan or Ang Campbell at the school to volunteer
403-824-3817







Funds from the casino go to the school to fund things like field trips, bussing, and PE equipment

Deadline to volunteer is
October 30

FOR MORE VISIT: [Noble Central Website](#)



OCTOBER 2024

Sun 29	Mon 30	Tue 1	Wed 2	Thu 3	Fri 4	Sat 5
	Truth & Reconciliation Day - No School	Chicken Caesar Wrap	Grilled Cheese	Mozza Sticks & Veg 	Corn Maze Terry Fox Run 	
Sun 6	Mon 7	Tue 8	Wed 9	Thu 10	Fri 11	Sat 12
		Taco Salad in a bag	KITCHEN CLOSED	Academic Awards Blades Bash Chicken Nuggets & Chips	Blades Bash 	Blades Bash 
Sun 13	Mon 14	Tue 15	Wed 16	Thu 17	Fri 18	Sat 19
	No School 	Experiential Week KITCHEN CLOSED	Experiential Week KITCHEN CLOSED	Experiential Week KITCHEN CLOSED		
Sun 20	Mon 21	Tue 22	Wed 23	Thu 24	Fri 25	Sat 26
		DIY Sub	Tator Tot Poutine	Parent Teacher Interviews Hamburgers	PD Day - NO SCHOOL	
Sun 27	Mon 28	Tue 29	Wed 30	Thu 31	Fri 1	Sat 2
		Chicken Burgers	Breakfast Sandwich	Costume Parade Pizza Bagels		

FOR MORE VISIT: [Noble Central Website](#)