



January 7, 2025

## Noble Central Ski Trip

We are getting to that time of year again – Ski Trip time! This year's annual ski trip will be held on February 27th, 2025. Students will be travelling in a school bus to Castle Mountain Ski Resort. The bus will leave at 7:00am. We ask that all students be at the school no later than 6:45am to begin loading the bus so we can leave on time.

Once we get to the resort, those students who are renting gear will be outfitted with their rentals and begin to get ready to ski or snowboard. As students get organized, they will be directed to their ski/snowboard lessons. All students are required to take a half day lesson. Once lessons are finished, students will have the opportunity to ski or snowboard for the rest of the day. We will depart from the ski hill at 3:30pm, and return to the school at approximately 5:00 pm.

### Cost for the Ski Trip:

See the attached form for individual costs. All students are required to wear a helmet. If the individual does not have one of their own, please include \$5.00 for the rental of a helmet.

Parents are always welcome to join. It will cost \$20.00 for the bus. If you plan to ski, you may be eligible for a reduced chaperone lift ticket and rentals. Please contact Mr. Uren or Ms. MacMillan if you are interested in being a chaperone.

If you are interested in participating in this year's ski trip, please fill out and sign the forms attached. **All forms must be submitted to Mr. Uren or Ms. Macmillan no later than February 7th and money must be submitted to the above people by Wednesday, February 14th.** If you have any questions, please contact the office.

Thank you,  
Phil Uren

# ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE, REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1 *Always stay in control. You must be able to stop or avoid other people or objects.*
- 2 *People ahead of you have the right-of-way. It is your responsibility to avoid them.*
- 3 *Do not stop where you obstruct a trail or are not visible from above.*
- 4 *Before starting downhill or merging onto a trail, look uphill and yield to others.*
- 5 *If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.*
- 6 *Always use proper devices to prevent runaway equipment.*
- 7 *Observe and obey all posted signs and warnings.*
- 8 *Keep off closed trails and closed areas.*
- 9 *You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.*
- 10 *You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.*

Know the Code - Be Safety Conscious  
It Is Your Responsibility

**CASTLE MOUNTAIN RESORT**



PALLISER REGIONAL SCHOOLS  
Informed Consent/Permission Form  
for Minor Tours

DETAILS OF TOUR

Nature of Tour: School Ski Trip Castle Mountain

Date: Thurs, Feb 27/25

Time: Leave: 7:00 am

Return: 5:00 pm

Destination: Castle Mountain Resort, AB.

Summary of Activities (Itinerary Attached):

See attached

Supervisor(s): \_\_\_\_\_

Transportation Arrangements:  School Bus

Car: \_\_\_\_\_  
(Name of volunteer providing vehicle with whom child will be traveling)

Commercial Bus \_\_\_\_\_

Other: \_\_\_\_\_

Cost to Student: included

Contact Person: Phil Uren

Phone: 403-824-3817

ELEMENTS OF RISK

Educational activity programs such as ski trip involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injuries which may result from participating in ski trip (describe activity).

1. vehicular accidents
2. personal injury
3. \_\_\_\_\_

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the School Board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that your/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in Ski Trip on Thurs Feb 27/25, you must understand that you bear the responsibility for any injury that may occur.

The Board of Trustees of Palliser Regional Schools has invested in IAP Student Accident Insurance, with enhanced coverage for the school year. This provides insurance coverage for all students, teachers and non-teachers on Palliser staff from the time they leave their residence to travel to school to the time they arrive at their residence (or their first destination) after school. This coverage also applies during approved and supervised school trips/activities.

### ACKNOWLEDGEMENT

We have read the above. We understand that by participating in the activity described above, we are assuming the risks associated with doing so.

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

### PERMISSION

I give \_\_\_\_\_ (name of student) permission to participate in  
the ski trip (description of activity) to be  
held on or about Thurs Feb 27/25 (date).

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date



## Ski & Snowboard Day Registration Form

To be returned to the school

Where: Castle Mountain Resort

When: Thursday, Feb 27/25

Please complete the following information:

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_ Phone: \_\_\_\_\_

Please circle NO or YES for each option and the associated cost

	NO	YES	COST	Amount Owing
5yrs & Under	No- I have a season's pass	YES	Free	
6yrs+	No - I have a season's pass	YES	\$15	
Grade K-12 2 Hour Lesson (required for ALL students)	_____	YES	\$39	
Grade K-12 + Rentals (includes helmet)	No - I have all my own gear	YES - complete rental information below	\$26	
Bus/Transportation	No - I have my own transport	YES	\$20	
TOTAL COST - please enclose cash or cheque for exact amount payable to: <u>Noble Central School</u>				

### Rental Agreement and Information

To be returned to the school

Students will not be able to switch between skiing and snowboarding on the day of the school trip so, please be comfortable with your decision!

All participants must wear an appropriate snow sport helmet. This is mandatory. Helmets ARE INCLUDED with every rental package. You can also rent JUST a helmet if you have all your own equipment otherwise.

Student Name:

## CASTLE MOUNTAIN RESORT

PINCHER CREEK, AB, CANADA.

SKICASTLE.CA

INFO@SKICASTLE.CA

403.627.5101



## Terrain Park

The Terrain Park is OFF LIMITS for all students visiting with a school group.

## Equipment

Proper attire is important for the safety of your child and to ensure they have a good experience outside all day. Check our website [[www.skicastle.ca](http://www.skicastle.ca)] for current snow and weather conditions.

The following equipment is recommended:

- **Mask & or buff**
- **Gloves or mitts**
- **Layered clothing is best for all outdoor recreation**
- **Sunscreen and lip protection are important even on overcast days**
- Knee-high socks are preferable over ankle socks which will slide off and get bunched up in boots
- Pants go outside the boots – only long-johns and socks should be inside your boots
- Jeans are not appropriate, instead wear waterproof pants or snow pants
- Weatherproof mitts or gloves – thin wool, cotton or polyester gloves will not keep your hands warm
- An extra pair of socks and mitts are always a good idea
- A light toque, balaclava, or kerchief will fit under your helmet to keep you warm
- Goggles or sunglasses \*\* highly recommended \*\*
- Change of warm, dry clothes for the drive home
- Enough food and snacks for the whole day and the drive home

The cafeteria will be open and a variety of items can be purchased. If you decide to bring your own lunch and snacks, try to bring items of good nutritional value such as fruit, granola bars, nuts, raisins, and veggies. Skiing and snowboarding require a lot of energy and you will be hungry!

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Type of Equipment:           SKI    or    SNOWBOARD

Grade	Height (cm)	Weight (kgs)	Foot Length (cm) <i>From tip/end of big toe to heel</i>	Skier/Snb Type

**PLEASE COMELETE THIS ACCURATLY SO YOUR CHILD CAN GET SET UP CORRECTLY WITH APPROPRATE EQUIPMENT.**

THE UNDERSIGNED AGREES to accept full responsibility for the care of this equipment while it is in the possession of \_\_\_\_\_ . (Student Name)

THE UNDERSIGNED AGREES to reimburse the resort for any loss or damage to the equipment other than reasonable wear resulting from its use by \_\_\_\_\_ . (Student Name)

SIGNATURE OF PARENT:

\_\_\_\_\_

SIGNATURE OF STUDENT:

\_\_\_\_\_

### Lessons

My student will be:                           SKI or SNB – Circle one

SKI Ability Levels → SKI            1       2       3       4       5

SNB Ability Levels → Snowboard 1       2       3       4       NA

## **CASTLE MOUNTAIN RESORT**



Our priority is to get all visiting students on the snow as quickly as we can so they can get the most out of their exciting trip to Castle Mountain! If you have any questions throughout the day, please first consult your supervising teacher.

### Ability Assessment Chart

LEVEL	SKIING	SNOWBOARDING
1	<ul style="list-style-type: none"> <li>No experience or still working on speed control and turning</li> <li>(Magic Carpet)</li> </ul>	<ul style="list-style-type: none"> <li>No experience or still working on speed control with side slipping</li> <li>(Magic Carpet)</li> </ul>
2	<ul style="list-style-type: none"> <li>Able to control speed and link turns on Green runs runs and flatter terrain.</li> <li>May be challenged on steeps</li> <li>(Green Chair)</li> </ul>	<ul style="list-style-type: none"> <li>Can pendulum down steeper Green runs, able to turn edge to edge at slow speeds</li> <li>May be Challenged on steeps</li> <li>(Green Chair)</li> </ul>
3	<ul style="list-style-type: none"> <li>Starting to ski parallel at end of turn, working on pivoting to create separation</li> <li>Huckleberry: Tumbleweed and Buffalo Flats</li> <li>(Huckleberry Chair)</li> </ul>	<ul style="list-style-type: none"> <li>Able to turn edge to edge, steering with the lower body</li> <li>Huckleberry: Tumbleweed, Buffalo Flats</li> <li>Controlled Steeps Green/LoneRanger</li> <li>(Huckleberry Chair)</li> </ul>
4	<ul style="list-style-type: none"> <li>Skis parallel throughout the turn, working on maintaining balance on outside ski, pole planting, edge grip on steeper terrain</li> <li>Huckleberry: Tumbleweed, Pony Express, Lone Ranger</li> <li>Sundance: North and South Roads</li> <li>(Blue Chair)</li> </ul>	<ul style="list-style-type: none"> <li>Able to turn continuously down steep Green runs, working on basic freestyle skills and progressing to steeper terrain</li> <li>Huckleberry: Tumbleweed, Pony Express, Lone Ranger</li> <li>Sundance: North Rd Jelly Roll, Centre</li> <li>(Blue Chair)</li> </ul>
5	<ul style="list-style-type: none"> <li>Strong parallel skier, has separation between upper and lower body with edge grip</li> <li>Sundance: South Rd., Centre</li> <li>Tamarack: Sheriff, Bandito, Harkers</li> <li>(Red Chair)</li> </ul>	<ul style="list-style-type: none"> <li>Able to carve, linking turns of varied shape and size, comfortable riding switch</li> <li>Sundance: Centre</li> <li>Tamarack: Sheriff, Bandito, Harkers</li> <li>(Red Chair Ready)</li> </ul>

*Enjoy your day!*

Castle Mountain Resort

PO Box 610 Pincher Creek, AB TOK 1W0

Ph 403 627 5101 Fax 403 627 3515

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