



Noble News

NOBLE NEWS

WHAT'S IN THIS MONTH'S ISSUE:

MONTH OF THE HEART

February isn't just about Valentine's Day.

The heart has come to symbolize love and romance, celebrated every February 14th on Saint Valentine's Day. The heart also signifies passion and vitality. Long before modern medical science, people knew the beating heart was vital to life. For this reason, the heart symbol is also associated with health and well being.

It is also Heart Month in Canada, which means it's a time to bring attention to the importance of heart health and what you can do to reduce the risk of cardiovascular disease.

- Jan 28 - New Semester Begins
- Feb 14 - Jump Rope for Heart
- Feb 17 - Feb 21 - Reading Break - No School
- Feb 26 - Pink Shirt Day
- Feb 27 - Ski Trip (Grades 4-12)
- Feb 28 - start of Fridays for Kindergarten

February 14

**JUMP ROPE
FOR
HEART**

see website for link to donate: [Jump Rope for Heart](#)



UPCOMING EVENTS



Choose
KINDNESS
PINK SHIRT DAY
feb 26 2025

Pink Shirt Day

In 2007, Coldbrook Nova Scotia, after a new student at their school was bullied for wearing a pink shirt, two grade 12 students bought 50 pink shirts and encouraged their classmates to wear pink. The next day they went to distribute the shirts and to their surprise the majority of students arrived wearing pink! With that act of kindness, Pink Shirt Day was born.

Forms Due Feb 7
Money Due Feb 14



Ski Trip Feb 27

Bus leaves at 6:45 AM
Bus returns around 5:00PM

All students are required to wear a helmet.
All students will be required to take a lesson.

Please pack appropriate clothing for being outside all day.

Please also pack food for lunch and snacks or bring money for the cafeteria.

FOR MORE VISIT: [Noble Central Website](#)



FEBRUARY 2025

Sun 26	Mon 27	Tue 28	Wed 29	Thu 30	Fri 31	Sat 1
	Jr/Sr High Exams	New Semester Begins Taco Salad in a Bag	Chicken Burger	Grilled Cheese		
Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8
	Hot Dogs	Pizza Subs	School Council Meeting 6:00pm Tater Tot Poutine	Burgers		
Sun 9	Mon 10	Tue 11	Wed 12	Thu 13	Fri 14	Sat 15
	Hot Dogs	Chicken Quesadilla	Jr/Sr High Exams Soft Taco	Jr/Sr High Exams Kitchen CLOSED	Jump Rope for Heart  	
Sun 16	Mon 17	Tue 18	Wed 19	Thu 20	Fri 21	Sat 22
	Reading Break - No School	Reading Break - No School	Reading Break - No School	Reading Break - No School	Reading Break - No School	
Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 1
		Taco Salad in a Bag	Pink Shirt Day  Chicken Burger	Ski Trip  Grilled Cheese	Kindergarten First Friday	

FOR MORE VISIT: [Noble Central Website](#)